

Birth Control... That Works

Objective:	Participants will describe various methods of pregnancy and STI prevention.
Structure:	Individual.
Time:	30 minutes.
Materials:	Computer with Internet access.

Note: This free, interactive software program contains information on male and female fertility (including ovulation), barrier methods of birth control, hormonal methods of birth control, abstinence and sources for more information.

An evaluation of this software indicated that it is an effective tool for birth control education.

Go to:

<http://www.ualberta.ca/HEALTHINFO/BIRTH.HTM>