

Menstruation and Sperm Production

Objective:	Participants will describe the menstrual cycle and sperm production as well as internal physiological influences on reproductive processes.
Structure:	Small group.
Time:	Two 45 minutes sessions.
Materials:	“The Menstrual Cycle” and “The Production of Sperm” overheads; overhead projector; “How Much Do You Know” handout.

For procedure, overheads and handout, go to:

<http://www.healthteacher.com/lessonguides/sexual/middle/sh4ms/teaching.asp>