

Negotiating Sex

Introduction

This lesson will help students find ways of saying no to an invitation or pressure to have sex. Small group and large group discussions can be used.

Grade Level

Grade 7-9

Learning Outcomes

Students will practice making the arguments that will enable them to delay or defer having sex with their partner.

Prerequisites/Prior Learning

None.

Materials

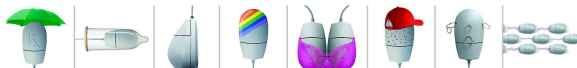
Space and chairs for small group and large group discussions. A worksheet is provided below with examples of things people might say if they're going to encourage a partner to have sex. Check to make sure that these arguments and wording are suitable for your students.

Time Required

One class period

Lesson Procedure (With Suggested Discussion Points/Content)

<ol style="list-style-type: none">1. Ask the group to split into small groups of 3 or 5. Each group should have paper and pens.2. Each group should then brainstorm phrases and sentences which people use when trying to persuade a partner to have sex. Provide copies of the "Negotiating Sex" worksheet to those groups who need ideas. Each group should aim to have about ten statements. Allow 10-15 minutes for this.3. Ask the group to break two pairs of A and B partners.4. Partners A should start off by being the person who wants to have sex, and should read the first of their ten statements. Partner 'B' should then reply giving a reason why they do not want sex.5. Partner 'A' continues until all the statements have been read, and partner 'B' has responded to them. This takes between 15-20 minutes.6. When all the statements have been read, the partners exchange roles.7. Ask the group to come back together and ask them how it felt when responding to the persuading statements.	<p>Try to form groups that have a mixture of personality types.</p> <p>Useful questions to pose might include: Was it difficult to think of responses? How did it feel to be refusing all the time? Are there other ways to challenge someone effectively?</p>
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	Some pairs may be happy to act out their roles in front of the rest of the group, although no one should be forced to do so. This encourages further discussion.
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Closure

Pass around blank sheets of paper and ask students to write down a question or comment for the question box. (If they do not have a question or comment, ask them to simply write down a brief sentence on what they learned so that everyone hands in a sheet of paper with some writing on it.)

Follow-up/Enrichment

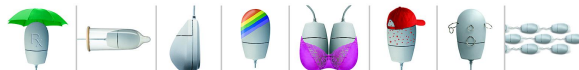
Ask your students to visit the www.sexualityandu.ca web site and go through these scenarios:

[It's Party Time!](#)

[War of the Condoms](#)

Assessment/Evaluation Criteria/Tools

Ask the students to complete the [Individual/Group Participation Sheet](#) and keep it in their [Student Health Journal](#). As the teacher, you should take notes on the participation of students and record them in your [Student Evaluation Tracker](#).



Negotiating Sex Worksheet

Arguments Used to Persuade a Partner to Have Sex

"I'll be very careful."

"If you really loved me you would."

"I haven't got AIDS so you've no need to worry."

"I've got some condoms now, so there's no excuse not to."

"Everyone else is doing it."

"I'll buy you something nice if you let me do it."

"I'm really turned on now - if we don't go the whole way I will be in agony!"

"There are names for people like you who lead others on."

